## **HEARTSTART TRAINING**

We now have a date, complete with a trainer and a provisional room booking for a Heartstart First Aid course:

Thursday 13 April 2023; 1.30pm - 4.00pm at the Stables in Bishop's Waltham.

If you would be interested in attending and can make that date/time. please contact Roger Wingrove <a href="mailto:rogersjw634@gmail.com">rogersjw634@gmail.com</a> as soon as possible as places are limited.

if you have already expressed an interest, you should have received an email with details. If you have not received this e-mail apologies - **please let Roger know** 

Once the session is confirmed, we will ask all participants for £5.00 (or more should you so wish) to be paid to MVARA in advance, MVARA will then pay for the room hire and donate the balance to Heartstart, to support its work.